

# BALFOUR SWIMMING SCHOOL POOL RULES

The following rules are set by Brighton and Hove city council in all of the city's pool facilities.

**No outdoor shoes to be worn poolside**

**No running**

**No diving in the shallow end**

**No bombing**

**No filming or photography of any kind**

**No smoking/ E-Cigarettes**

The following rules should maximise the safety of swimmers, coaching staff and spectators during Balfour Swimming School lessons, breaking them will result in the loss of your child's place in the swimming school. Please sign and return the slip to the swimming co-ordinator.

Please speak to your child/ren about these rules so that they are aware of what is happening.

1. To avoid spreading germs and dirt, please be barefoot or use the blue overshoes.
2. Pre-swim hygiene; Children should visit the toilet and shower before entering pool.
3. Swim hats **MUST** be worn by all swimmers.
4. Only swimmers and coaching staff may stand on the poolside before and during lessons. Parents/Carers and children **NOT** swimming must not stand on the poolside at any time.
5. When accessing the spectator area from the changing rooms, parents/carers must use the ramp, not the steps, to reach the spectator seats.
6. Parent/Carers will be instructed to leave the spectators area and meet their child in the changing rooms before their lesson ends, to give room for the parents in the next class.
7. Parent/Carers must not congregate around the changing room entrances at any time.

8. The area around the ramp and steps to the spectator seats must be kept completely clear at all times.
9. If a child wishes to leave the water they must get permission from the Swimming Teacher before returning to their parent/carer.
10. If Swimmers misbehave then they will sit on the poolside whilst the lesson carries on.
11. **Photography or filming** of any kind is **NOT** permitted anywhere at the Swimming Pool.
12. Parents/Carers must ensure that all children in their care who are **NOT** swimming are **supervised at all times and not allowed to play in the pool area.**
13. The Pool Manager and his team have the authority to enforce these rules as they see fit with the full support of Balfour school and Balfour Swimming School run by FAB.
14. Parents of children in reception, year 1 and year 2 should change their children in the correct changing room; male parents should always change their children in the men's changing room and female parents in the female, irrespective of the gender of their children. **CHILDREN IN YEARS 3 AND ABOVE** are expected to change themselves in their own gender's changing room; parents of these children should go straight to the spectator's area, after lessons parents of these children are welcome to wait in the spectator's area till their child is ready.